

The Empowerment Garden Plant List

Sambucus Nigra / Elder

Rosmarinus Officinalis / Rosemary

Lavandula Angustifolia Hidcote / Lavender

Allium Schoenoprasum/ Fresh Chives

Salvia Officinalis / Common Sage

Dianthus Deltoides 'Alba' / maiden pink 'Albus'

Thymus Citriodorus / Lemon Thyme

Thymus Vulgaris / Garden Thyme

Dahlia 'Verdi Glory' / Pink Flame

Dicpaspa /Rosa 'Peter James Richardson'

Pisum Sativum / Garden Pea

Malus Domestica / Apple Tree

Pyrus Communis / Pear Tree

Fragaria Vesca / Wild Strawberry