

# RHS GARDEN HYDE HALL

## Self Guided Activity Ideas for Schools



### Key Stage 2

## Trail Blazing and Tracking

*Curricular Links: PE*



**How long will it take?**

30 minutes to one hour

**What do we need to bring?**

Trail blazing PDF

**How do we do it?**

- Make a collection of twigs, sticks and any other material from the ground that can be used to make the signs.
- Send the children in groups (including an adult) asking them to leave signs for others to follow.
- Follow the signs to find each group.
- Collect signs after each group has been found.

**Where can we do it?**

All around the garden - but please do not lay trails across flowerbeds, borders or areas that are closed to the public.

**When can we do it?**

All year round.



### Top Tips

- Give groups at least ten to twenty minutes to lay the trails.
- Clear the background to make the signs visible, but please do be careful of any plants.
- Don't lay the signs too far apart. Be aware that the children may walk over the signs.
- Lay a straight trail or try adding junctions with false trails. Finish the false trails with X to show the end.

### Follow-ideas for School

Make up your own set of trailblazing signs and include other directions such as 'danger ahead', 'turn around and go back' e.t.c.