



## RHS PERFECT FOR POLLINATORS WILDFLOWER LIST

### SHORT GRASS, UP TO 15CMS

<i>Ajuga reptans</i> bugle	H
<i>Bellis perennis</i> daisy	H
<i>Campanula rotundifolia</i> common harebell	H
<i>Hippocrepis comosa</i> horseshoe vetch	H
<i>Lotus corniculatus</i> bird's foot trefoil	H
<i>Potentilla anserina</i> silverweed	H
<i>Potentilla erecta</i> tormentil	H
<i>Potentilla reptans</i> creeping cinquefoil	H
<i>Primula veris</i> common cowslip	H
<i>Prunella vulgaris</i> selfheal	H
<i>Ranunculus repens</i> creeping buttercup	H
<i>Sanguisorba minor</i> salad burnet	H
<i>Taraxacum officinale</i> dandelion	H
<i>Thymus polytrichus</i> wild thyme	H
<i>Thymus pulegioides</i> large thyme	H
<i>Trifolium pratense</i> red clover	H
<i>Trifolium repens</i> white clover	H
<i>Veronica chamaedrys</i> germander speedwell	H

### HEDGES, SHRUB BORDERS AND WOODLAND EDGE

<i>Acer campestre</i> field maple	S or T
<i>Alliaria petiolata</i> garlic mustard	Bi
<i>Allium ursinum</i> ramsons	B
<i>Aquilegia vulgaris</i> common columbine	H
<i>Ballota nigra</i> black horehound	H
<i>Berberis vulgaris</i> barberry	S
<i>Bryonia dioica</i> white bryony	H/C
<i>Buxus sempervirens</i> common box	S

### HEDGES, SHRUB BORDERS AND WOODLAND EDGE (cont.)

<i>Campanula trachelium</i> nettle-leaved bellflower	H
<i>Clematis vitalba</i> old man's beard/traveller's joy	C
<i>Clinopodium vulgare</i> wild basil	H
<i>Cornus sanguinea</i> common dogwood	S
<i>Crataegus monogyna</i> common hawthorn	S or T
<i>Cytisus scoparius</i> common broom	S
<i>Digitalis purpurea</i> common foxglove	Bi
<i>Euonymus europaeus</i> spindle	S
<i>Fragaria vesca</i> wild strawberry	H
<i>Frangula alnus</i> alder buckthorn	S
<i>Galium mollugo</i> hedge bedstraw	H
<i>Galium odoratum</i> sweet woodruff	H
<i>Galium verum</i> lady's bedstraw	H
<i>Geranium robertianum</i> herb robert	A/Bi
<i>Geum urbanum</i> wood avens	H
<i>Hedera helix</i> common ivy	C
<i>Helleborus foetidus</i> stinking hellebore	H
<i>Hyacinthoides non-scripta</i> bluebell	B
<i>Ilex aquifolium</i> common holly	T
<i>Lamium album</i> white deadnettle	H
<i>Lamium galeobdolon</i> yellow archangel	H
<i>Ligustrum vulgare</i> wild privet	S
<i>Lonicera periclymenum</i> common honeysuckle	C
<i>Malus sylvestris</i> crab apple	T
<i>Malva sylvestris</i> common mallow	H
<i>Myosotis sylvatica</i> wood forget-me-not	H
<i>Primula vulgaris</i> primrose	H
<i>Prunus avium</i> wild cherry/gean	T
<i>Prunus padus</i> bird cherry	T
<i>Prunus spinosa</i> blackthorn/sloe	S

**Natural England states:** You can legally collect small quantities of wildflower seed for your own use, but you must get permission from the land's owner, tenant or other authority, as necessary. Although seed collecting is allowed, you should not dig up native plants – many rare species are protected by law. You can collect seed of even rare plants, but cannot sell/trade seed or progeny.

#### KEY

T = tree; S = shrub; C = climber; B = bulbs and corms; A = annual; Bi = biennial; H = herbaceous perennial

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### HEDGES, SHRUB BORDERS AND WOODLAND EDGE (cont.)

<b>Ranunculus ficaria</b> <i>lesser celandine</i>	H
<b>Rhamnus catharticus</b> <i>Purging buckthorn</i>	S
<b>Rosa canina</b> <i>Dog rose</i>	S
<b>Rosa rubiginosa</b> <i>sweet briar</i>	S
<b>Rubus fruticosus</b> <i>blackberry</i>	S
<b>Salix atrocinerea</b> <i>grey willow</i>	S - male forms best
<b>Salix caprea</b> <i>goat willow</i>	S - male forms best
<b>Sanicula europaea</b> <i>sanicle</i>	H
<b>Sedum telephium</b> <i>orpine</i>	H
<b>Silene dioica</b> <i>red campion</i>	H
<b>Silene latifolia</b> subsp. <i>alba</i> <i>white campion</i>	H
<b>Smyrniolum olusatrum</b> <i>alexanders</i>	Bi
<b>Sorbus aria</b> <i>common whitebeam</i>	T
<b>Sorbus aucuparia</b> <i>rowan/mountain ash</i>	T
<b>Sorbus torminalis</b> <i>wild service tree</i>	T
<b>Stachys officinalis</b> <i>betony</i>	H
<b>Stellaria holostea</b> <i>greater stitchwort</i>	H
<b>Symphytum officinale</b> <i>common comfrey</i>	H
<b>Teucrium scorodonia</b> <i>wood sage</i>	H
<b>Tilia cordata</b> <i>small-leaved lime</i>	T
<b>Viburnum lantana</b> <i>common wayfaring tree</i>	S
<b>Viburnum opulus</b> <i>guelder rose</i>	S
<b>Vicia cracca</b> <i>common tufted vetch</i>	H
<b>Vicia sativa</b> <i>common vetch</i>	H

### DISTURBED GROUND

<b>Agrostemma githago</b> <i>corncockle</i>	A
<b>Anchusa arvensis</b> <i>bugloss</i>	A
<b>Anthemis arvensis</b> <i>corn chamomile</i>	A
<b>Anthemis cotula</b> <i>stinking chamomile</i>	A
<b>Centaurea cyanus</b> <i>cornflower</i>	A
<b>Cichorium intybus</b> <i>chicory</i>	H
<b>Dipsacus fullonum</b> <i>common teasel</i>	Bi
<b>Echium vulgare</b> <i>viper's bugloss</i>	Bi
<b>Glebionis segetum</b> <i>corn marigold</i>	A
<b>Iberis amara</b> <i>wild candytuft</i>	A
<b>Lamium amplexicaule</b> <i>Henbit deadnettle</i>	A
<b>Matricaria recutita</b> <i>scented mayweed</i>	A

### DISTURBED GROUND (cont.)

<b>Mentha arvensis</b> <i>corn mint</i>	H
<b>Myosotis arvensis</b> <i>field forget-me-not</i>	A/H
<b>Myosotis arvensis</b> <i>Common forget-me-not</i>	A
<b>Onopordum acanthium</b> <i>cotton thistle</i>	Bi
<b>Papaver dubium</b> <i>long-headed poppy</i>	A
<b>Papaver rhoeas</b> <i>common poppy</i>	A
<b>Sinapis arvensis</b> <i>charlock</i>	A
<b>Sonchus arvensis</b> <i>perennial sowthistle</i>	H
<b>Tussilago farfara</b> <i>coltsfoot</i>	H
<b>Verbascum thapsus</b> <i>great mullein</i>	Bi

### FLOWER BEDS

<b>Calluna vulgaris</b> <i>heather / ling</i>	S
<b>Erica ciliaris</b> <i>Dorset heath</i>	S
<b>Erica cinerea</b> <i>bell heather</i>	S
<b>Erica tetralix</b> <i>cross-leaved heath</i>	S

### LONG GRASS, ABOVE 50CMS

<b>Arctium minus</b> <i>lesser burdock</i>	Bi
<b>Carduus crispus</b> <i>welted thistle</i>	Bi
<b>Carduus nutans</b> <i>musk thistle</i>	Bi
<b>Chamaenerion angustifolium</b> <i>rosebay willowherb</i>	H
<b>Cirsium arvense</b> <i>creeping thistle</i>	H
<b>Cirsium vulgare</b> <i>spear thistle</i>	Bi
<b>Conopodium majus</b> <i>pignut</i>	H
<b>Cynoglossum officinale</b> <i>hound's tongue</i>	H
<b>Daucus carota</b> <i>wild carrot</i>	Bi
<b>Geranium pratense</b> <i>meadow cranesbill</i>	H
<b>Heracleum sphondylium</b> <i>hogweed</i>	Bi
<b>Hypericum perforatum</b> <i>perforate St John's wort</i>	H
<b>Knautia arvensis</b> <i>field scabious</i>	H
<b>Lathyrus pratensis</b> <i>meadow vetchling</i>	H
<b>Pastinaca sativa</b> <i>wild parsnip</i>	Bi
<b>Succisa pratensis</b> <i>devil's bit scabious</i>	H
<b>Tanacetum vulgare</b> <i>tansy</i>	H

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### LONG GRASS, ABOVE 50CMS (cont.)

<b>Thalictrum flavum</b> <i>meadow rue</i>	<b>H</b>
<b>Tragopogon pratensis</b> <i>goat's beard</i>	<b>Bi</b>
<b>Verbascum nigrum</b> <i>dark mullein</i>	<b>Bi/H</b>

### MEDIUM HEIGHT GRASS, UP TO 50CMS

<b>Achillea millefolium</b> <i>common yarrow</i>	<b>H</b>
<b>Achillea ptarmica</b> <i>sneezewort</i>	<b>H</b>
<b>Agrimonia eupatoria</b> <i>agrimony</i>	<b>H</b>
<b>Anthyllis vulneraria</b> <i>kidney vetch</i>	<b>H</b>
<b>Armeria maritima</b> <i>thrift/sea pink</i>	<b>H</b>
<b>Blackstonia perfoliata</b> <i>yellowwort</i>	<b>A</b>
<b>Campanula glomerata</b> <i>clustered bellflower</i>	<b>H</b>
<b>Centaurea nigra</b> <i>common knapweed/hardheads</i>	<b>H</b>
<b>Centaurea scabiosa</b> <i>greater knapweed</i>	<b>H</b>
<b>Centaureum erythraea</b> <i>common centaury</i>	<b>Bi</b>
<b>Echium vulgare</b> <i>viper's bugloss</i>	<b>Bi</b>
<b>Erigeron acris</b> <i>blue fleabane</i>	<b>A/H</b>
<b>Filipendula vulgaris</b> <i>dropwort</i>	<b>H</b>
<b>Helianthemum nummularium</b> <i>common rockrose</i>	<b>H</b>
<b>Hypochaeris radicata</b> <i>cat's ear</i>	<b>H</b>
<b>Inula conyzae</b> <i>ploughman's spikenard</i>	<b>H</b>
<b>Leontodon autumnalis</b> <i>autumn hawkbit</i>	<b>H</b>
<b>Leontodon hispidus</b> <i>rough hawkbit</i>	<b>H</b>
<b>Leucanthemum vulgare</b> <i>ox-eye daisy</i>	<b>H</b>
<b>Linaria vulgaris</b> <i>common toadflax</i>	<b>H</b>
<b>Malva moschata</b> <i>musk mallow</i>	<b>H</b>
<b>Ononis repens</b> <i>common restharrow</i>	<b>H</b>
<b>Origanum vulgare</b> <i>wild marjoram</i>	<b>H</b>
<b>Pilosella officinarum</b> <i>mouse-ear hawkweed</i>	<b>H</b>
<b>Ranunculus acris</b> <i>meadow buttercup</i>	<b>H</b>
<b>Ranunculus bulbosus</b> <i>bulbous buttercup</i>	<b>H</b>
<b>Reseda lutea</b> <i>wild mignonette</i>	<b>Bi/H</b>
<b>Rhinanthus minor</b> <i>yellow rattle</i>	<b>A</b>
<b>Scabiosa columbaria</b> <i>small scabious</i>	<b>H</b>
<b>Silene vulgaris</b> <i>bladder campion</i>	<b>H</b>
<b>Solidago virgaurea</b> <i>goldenrod</i>	<b>H</b>

### PONDS, POND MARGINS AND WET SOILS

<b>Alisma plantago-aquatica</b> <i>water plantain</i>	<b>H</b>
<b>Angelica sylvestris</b> <i>wild angelica</i>	<b>Bi</b>
<b>Butomus umbellatus</b> <i>flowering rush</i>	<b>H</b>
<b>Caltha palustris</b> <i>marsh marigold</i>	<b>H</b>
<b>Cardamine pratensis</b> <i>cuckoo flower/lady's smock</i>	<b>H</b>
<b>Cirsium dissectum</b> <i>meadow thistle</i>	<b>H</b>
<b>Epilobium hirsutum</b> <i>great willowherb</i>	<b>H</b>
<b>Eupatorium cannabinum</b> <i>hemp agrimony</i>	<b>H</b>
<b>Filipendula ulmaria</b> <i>meadowsweet</i>	<b>H</b>
<b>Galium palustre</b> <i>marsh bedstraw</i>	<b>H</b>
<b>Geum rivale</b> <i>water avens</i>	<b>H</b>
<b>Hypericum tetrapterum</b> <i>square-stalked St John's wort</i>	<b>H</b>
<b>Iris pseudacorus</b> <i>yellow iris</i>	<b>H</b>
<b>Lotus pedunculatus</b> <i>greater bird's-foot trefoil</i>	<b>H</b>
<b>Lychnis flos-cuculi</b> <i>ragged robin</i>	<b>H</b>
<b>Lycopus europaeus</b> <i>gypsywort</i>	<b>H</b>
<b>Lysimachia nummularia</b> <i>creeping Jenny</i>	<b>H</b>
<b>Lysimachia vulgaris</b> <i>yellow loosestrife</i>	<b>H</b>
<b>Lythrum salicaria</b> <i>purple loosestrife</i>	<b>H</b>
<b>Mentha aquatica</b> <i>water mint</i>	<b>H</b>
<b>Menyanthes trifoliata</b> <i>bogbean</i>	<b>H</b>
<b>Myosotis scorpioides</b> <i>water forget-me-not</i>	<b>H</b>
<b>Nasturtium officinale</b> <i>common watercress</i>	<b>H</b>
<b>Nuphar lutea</b> <i>yellow water lily</i>	<b>H</b>
<b>Nymphaea alba</b> <i>white water lily</i>	<b>H</b>
<b>Oenanthe aquatica</b> <i>fine-leaved water dropwort</i>	<b>A/Bi</b>
<b>Oenanthe crocata</b> <i>hemlock water dropwort</i>	<b>H</b>
<b>Persicaria amphibia</b> <i>amphibious bistort</i>	<b>H</b>
<b>Persicaria bistorta</b> <i>common bistort</i>	<b>H</b>
<b>Polemonium caeruleum</b> <i>Jacob's ladder</i>	<b>H</b>
<b>Pulicaria dysenterica</b> <i>common fleabane</i>	<b>H</b>
<b>Ranunculus aquatilis</b> <i>common water crowfoot</i>	<b>A/H</b>
<b>Ranunculus flammula</b> <i>lesser spearwort</i>	<b>H</b>
<b>Ranunculus fluitans</b> <i>river water crowfoot</i>	<b>H</b>
<b>Ranunculus lingua</b> <i>greater spearwort</i>	<b>H</b>
<b>Ranunculus sceleratus</b> <i>celery-leaved buttercup</i>	<b>A</b>
<b>Sagittaria sagittifolia</b> <i>arrowhead</i>	<b>H</b>
<b>Sanguisorba officinalis</b> <i>great burnet</i>	<b>H</b>
<b>Scrophularia auriculata</b> <i>water figwort</i>	<b>H</b>

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### PONDS, POND MARGINS AND WET SOILS (cont.)

<b>Scutellaria galericulata</b> <i>common skullcap</i>	<b>H</b>
<b>Stachys palustris</b> <i>marsh woundwort</i>	<b>H</b>
<b>Valeriana officinalis</b> <i>common valerian</i>	<b>H</b>
<b>Veronica beccabunga</b> <i>brooklime</i>	<b>H</b>

### SHINGLE/GRAVEL GARDEN

<b>Cakile maritima</b> <i>sea rocket</i>	<b>A</b>
<b>Crambe maritima</b> <i>sea kale</i>	<b>H</b>
<b>Crithmum maritimum</b> <i>rock samphire</i>	<b>H</b>
<b>Eryngium maritimum</b> <i>sea holly</i>	<b>H</b>
<b>Glaucium flavum</b> <i>yellow horned-poppay</i>	<b>Bi/H</b>
<b>Sedum acre</b> <i>siting stonecrop</i>	<b>H</b>
<b>Sedum album</b> <i>white stonecrop</i>	<b>H</b>
<b>Silene uniflora</b> <i>sea campion</i>	<b>H</b>

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