

TOM BANNISTER STUDIO

LANDSCAPE DESIGN

The Ecotherapy Garden



**RHS**

Show Exhibitor 2024



## **The Ecotherapy Garden**

Tom Bannister is delighted to present his RHS Chelsea 2024 Container Garden, supported by Wright Landscapes.

The garden has been designed to create a space that provides the healing benefits of cold water therapy, combined with nature itself. It will be displayed at RHS Chelsea 2024 before being relocated in part, to Bluecoat CE Primary School.



## **About the Garden**

The inspiration for Tom Bannisters Ecotherapy Garden came to him whilst considering the healing benefits of cold water therapy and the grounding ability that nature so naturally provides, regardless of how small the area may be.

The imagined garden is nestled within the heart of the city, belonging to a professional gardener. The garden's brick wall is adorned with verdant foliage, serving as a canvas for a hanging green garden and maximising every inch of this gardens space and further enhancing the feeling of being immersed in nature regardless of location but truly the jewel of the garden is the handmade hyper-tufa containers and cold plunge pool which are enveloped by lush plantings, inviting the tired gardener to immerse themselves in for a refreshing and rejuvenating experience.

Craftsmanship takes centre stage with handmade hyper-tufa containers, showcasing the versatility of gardening in confined spaces. Constructed using a sustainable blend of Perlite, coconut coir, and cement, these containers exemplify eco-conscious design, offering durability and longevity for over 30 years, even in harsh weather conditions.



In a testament to its commitment to sustainability and community, the garden will find a new home after the show, graciously donated to a primary school. Here, it will serve as the cornerstone of a peaceful sanctuary, embodying the transformative power of nature and wellness in education.

### **Designers Biography**

Tom has worked in the horticulture industry for over two decades, in many different aspects of the industry. From complex hard landscaping and groundwork installations to nursery management and intricate planting schemes on award-winning show gardens at RHS Malvern, RHS Hampton Court, and RHS Chelsea.

In July 2017 Tom graduated from The London College Of Garden Design based in The Royal Botanic Gardens, Kew.

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### **The Ecotherapy Garden Plant List**

*Acer tataricum* subsp. *ginnala*  
*Anemanthele lessoniana*  
*Asplenium scolopendrium*  
*Asplenium trichomanes*  
*Astrantia major*  
*Brunnera macrophylla*  
*Clematis montana* var. '*montana*'  
*Dryopteris erythrosora*  
*Dryopteris filix-mas*  
*Dryopteris wallichiana*  
*Erigeron karvanskianus*  
*Galium odoratum*  
*Geranium grandiflorum* var. '*alpinum*'  
*Hakonechloa macra*  
*Hosta* '*Big Daddy*'  
*Matteuccia struthiopteris*  
*Mukdenia* '*Karasuba*'  
*Pachysandra terminalis*  
*Pteridium aquilinum*  
*Rodgersia pinnata*  
*Solirolia soleirolii*  
*Tiarella* '*Spring Symphony*'



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