Perovskia

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Editor of The Plantsman

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**Perovskia**

*Perovskia* is a genus of sub-shrubby, deciduous perennials with greyish-green leaves. They are grown for their hazy panicles of small violet-blue flowers borne on greyish-white stems in mid to late summer. These stems persist into the winter and form a desirable feature in their own right. All parts of the plant are aromatic, hence the common name of Russian sage, but *Perovskia* are not edible.

They associate particularly well with other grey-leaved plants such as lavender or, for contrast, can be undersown with orange- or red-flowered annuals such as poppies. They also look good with herbaceous perennials such as *Helianthus* and clump-forming grasses. They are suited to prairie-style planting schemes and gravel gardens as long as they are not encroached on by larger plants.

**Botany**

The genus *Perovskia* belongs to the *Lamiaceae* (mint family) and is closely related to *Salvia*. There are thought to be seven species and they are widely distributed over arid regions of Asia. The erect stems bear egg-shaped to oblong, greyish-green leaves that are either shallowly toothed or, in some species and cultivars, attractively divided into narrow lobes giving a lacy appearance. The tubular, two-lipped flowers are borne in interrupted whorls on tall, branched panicles. The flower size is very similar in all perovskias, typically 0.7–1.2cm long. Most have violet-blue flowers, only two have a different flower colour – *P. scabiosifolia* has yellow flowers and *P. scrophulariifolia f. albiflora* has white flowers. Some botanical sources state that individual plants can have the style either exserted from the flower or included within it – all plants seen in cultivation have exserted styles.

The violet-blue flower colour is remarkably constant across the range of species and cultivars, most can only be distinguished by degree of leaf dissection and ultimate height. It is not clear whether the majority of cultivars are variants of *P. atriplicifolia* or hybrids between *P. abrotanoides* and *P. atriplicifolia*. The cultivars are much more widely grown than the species and, of the latter, only *P. atriplicifolia* is usually encountered. The other species need high summer temperatures to thrive.

**Cultivation**

Perovskias prefer a site in full sun and will thrive in most soils as long as it is well-drained. If the skeletal white stems are cut back to a woody, basal framework about 15cm high in March, the new foliage will reach a height of about 30cm by early June. The main flowering period is mid-July to mid-August when the taller-growing species and cultivars will reach an ultimate height of 1–1.4m.

Propagation is by softwood cuttings taken in late spring or shoot cuttings taken with a heel in summer.
RHS Trial of *Perovskia* 1999–2001

The RHS Woody Plant Trials Subcommittee decided in 1998 that a small trial of currently available *Perovskia* would be of benefit, primarily to sort out the correct identity of individual cultivars, especially ‘Blue Spire’.

**Award of Garden Merit**

<table>
<thead>
<tr>
<th>'Blue Spire'</th>
<th>AGM (H4)</th>
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**Objectives:**
- To determine correct nomenclature
- To highlight *Perovskia* as being useful late-flowering shrubs
- To assess for the Award of Garden Merit
- To make a permanent record through herbarium specimens, photographs and written descriptions for the RHS Herbarium at Wisley.

**Entries**

Three plants each of the 11 entries (six of which were ‘Blue Spire’) were submitted by Gardens and nurserymen from UK, Europe and Canada.

**Cultivation**

The entries were planted on 10 May 1999. All plants were stooled in March 2000.

**Judging**

The trial was judged and assessed by the Woody Plant Trials Subcommittee from July 1999 to 2001.

**Findings**

The plants grew well and all survived in a trial site in Wisley village, which had a late spring frost in 1999 and was then flooded in November 2000. The Bavarian nursery, Staudengärtnerei Gräfin von Zeppelin, noted that their entry of *P. ‘Hybrida’* (sent as *P. × superba*) was completely hardy.

One entry of ‘Blue Spire’ had been grown from seed, and all three plants entered in the trial were different. This highlighted the common practice of raising named cultivars from seed and selling them under the cultivar name, and underlined the need for named cultivars to be propagated by an appropriate means for them to remain true.

*P. atriplicifolia* was sent to the trial, but was not considered to be correct. The closest to the species being *P. atriplicifolia* ‘Mystery of Knightshayes’. *P. abrotanoides* was sent but not considered correct, the closest to it being ‘Filigran’. Of the six entries of ‘Blue Spire’, four were considered correct.
**Selection guide**

**P. abrotanoides**
This species grows to a height of 1.2m and is distinguished by its bipinnate leaves with linear lobes. The flowers are violet-blue. Native to a region stretching from Iran to Tibet.

**P. atriplicifolia**
This species grows to a height of 1.2m and is distinguished by its leaves that are sharply toothed or deeply incised. The flowers are violet-blue. Native to Afghanistan, Pakistan and W. Himalaya.

**P. atriplicifolia ‘Little Spire’**
This is a lower-growing variant of the species only reaching 0.6m in height but with the usual violet-blue flowers. Selected in Holland in 1995 by Herbert Oudshoorn.

**P. atriplicifolia ‘Mystery of Knightshayes’**
Distinguished from the species and other cultivars by its relatively narrow habit, shallowly toothed, larger leaves and its flowering period peaks about 2 weeks later. It grows to a height of 1.1-1.2m and a width of 60cm. Named in 1989 by American horticultural writer Allan M. Armitage for a distinctive plant he saw growing on a dry stone wall at Knightshayes Court, Devon.

**P. ‘Blue Haze’**
A cultivar with shallowly toothed leaves, selected by Alan Bloom and first shown to the RHS in 1964.

**P. ‘Blue Mist’**
Reputed to flower earlier than ‘Blue Spire’.
**P. ‘Blue Spire’**
This cultivar has a good upright habit to a height of 1.1-1.2m and a width of 0.8m. The leaves are deeply incised and the flowers are violet-blue. Originally obtained from Germany by Notcutts Nurseries, Suffolk, who named it and first exhibited it to the RHS in 1961.

**P. ‘Filigran’**
This cultivar grows to a height of 1.2-1.3m and is distinguished by its finely cut, ferny, grey-green foliage. The flowers are violet-blue. It was selected in Germany by Ernst Pagels, filigran is German for filigree.

**P. ‘Hybrida’**
(syn. P. ‘Superba’)
Very similar to ‘Blue Spire’ but slightly taller and wider in habit, this cultivar grows to a height of 1.2-1.3m a width of 1.1m. Selected at Hillier Nurseries, Hampshire before 1937. The later name ‘Superba’ was given by Giesenheim Research Institute, Germany, in 1955.

**P. ‘Lace’**
This cultivar has similar but more dissected foliage than ‘Filigran’ but the leaves are greener and it is more squat in habit, growing to a height of 0.8-0.9m and a width of 0.7m. The flowers are violet-blue. It was selected by Tony Huber of Norseco Inc in Quebec, Canada, in the 1990s.

**P. ‘Longin’**
Reputed to have barely dissected foliage.

**P. scrophulariifolia**
This species has a more sprawling habit than the above two and generally reaches a height of 0.6m. The ovate leaves have a scalloped, wavy margin. The flowers are usually violet-blue. Native to Turkestan.

* Not in RHS trial.

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*P. Blue Spire* (photo Mike Sleigh)  
*P. Filigran* (photo Mike Grant)  
*P. Hybrida* (photo Mike Grant)  
*P. Lace* (photo Mike Grant)
Senders of plants to the trial
Arne Herbs, Limeburn Hill, Chew Magna, BS40 8QW
Bloom of Bressingham, Diss, Norfolk IP22 2AB
Firma C. Esveld, Rijnveld 72, NL 2771 XS, Boskoop, The Netherlands
Green Farm Plants, no longer trading
Hillier Nurseries Ltd, Ampfield, Hampshire SP51 9PA
Knightshayes Garden Trust, Knightshayes, Tiverton, Devon EX16 7RG
Liss Forest Nursery Ltd, Greatham, Liss, Hampshire, GU33 6HA
Norseco Inc, Chomedey, Laval, Quebec, Canada H7P 5R9
www.norseco.com
Notcutts Nurseries, Woodbridge, Suffolk IP12 4AF
www.notcutts.co.uk
Perryhill Nurseries, Hartfield, East Sussex TN7 4JP
Gräfin von Zeppelin, D-792 95 Sulzburg-Laufen, GERMANY
www.graefin-v-zeppelin.com

The Royal Horticultural Society
The RHS is the UK’s leading gardening charity dedicated to advancing horticulture and promoting good gardening. Its charitable work includes providing expert advice and information, advancing horticulture, training the next generation of gardeners, helping school children learn about plants, and conducting research into plants, pests and environmental issues affecting gardeners. The RHS AGM plant trial scheme is an important part of this work.

The RHS receives no government grants and for every pound received from members’ subscriptions we need to raise more than twice as much again to fund our charitable work. We also rely on donations and sponsorship to supplement income from our garden operations, flower shows, shops and plant centres.

RHS Plant Trials
With so many different types of gardener and so many different cultivars available to them in each group of plants, it is important that a system of recommendation is in place to help with selection at point of sale. These recommendations must be clear and reliable to ensure that of the thousands of plants available in the UK, a proportion are identified as excellent garden plants. The RHS provides this information through its extensive programme of plant trials held at RHS gardens in the UK. The RHS Award of Garden Merit (AGM) indicates which cultivars are best for general garden use.

RHS plant trials serve the professional gardener who wants to know the range of plants available, including the latest breeding and selection programmes, with their distinctive characteristics and provenance. They also serve the amateur who wants to know which plants will grow and perform well in a particular garden situation.

The RHS has an unrivalled resource of knowledge and expertise and is therefore best placed to conduct plant trials for the UK gardening market.

RHS Herbarium (WSY)
The RHS Herbarium is the largest and most active of a small number in the world dedicated to horticultural plants. The collection has c. 70,000 specimens, c. 35,000 photographic images and 3,500 paintings. It is both a useful and valuable archive that is used daily by RHS botanists and outside researchers. Material collected from the RHS Gardens, Shows and Trials, is dried, pressed and catalogued.

The RHS herbarium is an invaluable repository of preserved specimens, illustrations and historical data concerning ornamental plants for today and for the future.

RHS Bulletins
Begonia Rex Cultorum Group: December 2006
Canna: September 2003
Daisies (yellow perennial): September 2004
Delphinium: June 2004
Fuchsia (hardy): December 2005
Geranium (hardy) Stage 1: June 2005
Geranium (hardy) Stage 2: June 2006
Geranium (hardy) Stage 3: June 2007
Hyacinthaceae (little blue bulbs): September 2005
Iris (bearded): May 2007
Lavenders (hardy): July 2003
Miscanthus: October 2004
Peppers (sweet): November 2006
Potatoes (salad): November 2004
Potentilla (shrubby): July 2002
Rhododendron yakushimanum and hybrids: May 2006
Runner Beans: October 2007
Saxifrages (silver): May 2005
Sedum (herbaceous): November 2007
Spiraea japonica (with coloured leaves): November 2003

RHS Plant Trials and Assessments
Online publications, to complement RHS Plant Trials and Awards series
Pittosporum tenuifolium hybrids and cultivars: July 2006
Caryopteris: December 2007

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