


<p style="text-align: center;"><b>Incredible Edibles</b> <b>KS2 RHS Wisley lesson plan</b></p> <p><b>National Curriculum: Science, DT (Cooking and Nutrition)</b></p>		
<b>Learning Objectives</b>	<b>Structure</b>	<b>Plenary</b>
<ul style="list-style-type: none"> <li>To understand that many plants are eaten and grown especially for this.</li> <li>Understand seasonality and know where and how a variety of ingredients are grown.</li> <li>To discover which fruits and vegetables grow at RHS Garden Wisley.</li> <li>To recognise where the fruit or vegetable grows (above or below ground) and which part is eaten.</li> </ul> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><b>Assessment Questions</b></p> <p>Which parts of a plant do we eat?</p> <p>Which fruits and veg are in season?</p> </div>	<p><b>Introduction</b> Welcome and Health &amp; Safety</p> <ul style="list-style-type: none"> <li>Take part in a treasure hunt and discover which foods are made from which plants. Wherever possible show seed/fruit/plant from which the food is derived. Match products with plants.</li> </ul> <p><b>Activities</b> (The choice of activities will depend on the time of year and will include some of the following):</p> <p><b>Visit food producing areas of the garden (some or all of the following)</b></p> <ul style="list-style-type: none"> <li><b>Vegetable Garden</b> – discover which parts of a plant we eat and which vegetables are in season.</li> <li><b>Fruit Garden</b> – create a ‘fruit salad’ choosing fruits grown in our garden.</li> <li><b>Orchard</b> – be a detective and find out about the different flavours of apples grown at Wisley (limited to season).</li> <li><b>Teaching Garden</b> – discover which fruits and vegetables are growing in the Teaching Garden.</li> </ul> <p><b>Plant a vegetable seed to take back to school</b></p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><b>Key Vocabulary:</b> Root, stem, leaves, flowers, seeds, various fruit/vegetable names, seasonal, air miles.</p> </div>	<p>Ask the children what food they saw growing today. Why did we not find growing today at Wisley Why?</p> <p>Why should we buy Seasonal food? (Air miles)</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><b>Resources:</b> Seeds Compost Plant pots Newspaper (for paper pots) Pictures of fruit/veg Fruit salad/veg sheets Selection of plants and products.</p> </div> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><b>Links to IT:</b> look at website: CFSG</p> </div> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><b>Differentiation:</b> By outcome and questioning.</p> </div>