

RHS Garden Bridgewater

Self guided activities for schools

Kitchen Garden

What do we need to bring?

Clipboards Pencils Paper

Activity

- Explore the Kitchen Garden in groups and discuss what you can see growing. What plants do you recognise? Make a list.
- Look at the different plant parts and decide which parts you think are edible. What might be growing below the ground? Draw diagrams and take pictures.
- If there is a member of our Horticulture team in the Kitchen Garden try asking them a question. Is there something you thought you would see growing but can't find? Is your favourite fruit or vegetable growing in the garden?

Where can we do it?

Kitchen Garden

What is the best time of year?

Spring, summer and early autumn

Follow up activity

- Plant seeds at school and grow, cook and eat your produce.
- Create a campaign to encourage the children at your school to eat more fruits and vegetables. Design posters and slogans. You could write a campaign speech or act out and record an advert. We'd love to see what you come up with!