

RHS Garden Bridgewater

Self guided activities for schools

Trailblazers

What do we need to bring?

- Clipboards
- Pencils
- Paper

Activity

- Work in pairs to devise instructions for a trail navigating obstacles in the Woodland Play area.
- You could also use some of the branches in the den building zone to create your own obstacle courses!
- Include directional language, verbs and prepositions in your instructions e.g. walk 10 paces, turn to your left, duck under the branch.
- Swap your trail with another group to test out how good your instructions are. They are only allowed to complete the actions that you have given them. Are you a clear and accurate communicator?
- As an extension for older or more confident groups try using a blindfold to make the trail even more challenging.

Where can we do it?

Woodland

What is the best time of year?

Any time



Follow up activity

Devise an obstacle course back at school and share tips with younger pupils about what makes good communication.

