

Sowing seeds in a container

You will need:

- Container or large plant pot with drainage holes (if the holes are bigger than 2.5cm, use broken pots or stones to cover the holes)
- Peat-free multi-purpose compost
- Saucer or dish to empty your seeds into
- Your seeds
- Watering can with a rose
- Plant labels and pencils
- Gardening gloves

Sowing your seeds:

- 1** Put the container where your plants are to grow – ideally a sunny spot outside.
- 2** Fill the container with peat-free compost to just below the rim.
- 3** Water the compost (so watering doesn't move the seeds once sown).
- 4** Put your seeds in the saucer.
- 5** Sow your seeds at the depth shown on your seed packet.
- 6** Cover your seeds with compost.
- 7** Label the space where your seeds have been sown.

Helping your plants grow: If it hasn't rained, water your seeds and plants as they grow. While the plants are small, use a watering can with the 'rose' turned upwards so that there is a gentle flow of water.