

Sowing seeds in the ground

You will need:

- Space in the ground measuring approximately 30cm x 30cm
- Hand fork or trowel
- Saucer or dish to empty your seeds into
- Your seeds
- Watering can with a rose
- Plant labels and pencils
- Gardening gloves

Sowing your seeds:

- 1** Clear the space, using a hand fork or trowel to remove any unwanted plants.
- 2** Using a hand fork or trowel, break up the soil to a crumbly texture.
- 3** Put your seeds in the saucer.
- 4** Sow your seeds at the depth shown on your seed packet.
- 5** Cover the seeds with soil.
- 6** Water your seeds carefully after sowing, by using a watering can with the 'rose' turned upwards to create a gentle flow of water.
- 7** Label the space where your seeds have been sown.

Helping your plants grow: If it hasn't rained, water your seeds and plants as they grow. While the plants are small, use a watering can with the 'rose' turned upwards so that there is a gentle flow of water.