



RHS PERFECT FOR POLLINATORS PLANT LIST

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WINTER

NOV – FEB

<i>Clematis cirrhosa</i> Spanish traveller's joy	C
<i>Crocus species</i> crocus (winter flowering)	B
<i>Eranthis hyemalis</i> winter aconite	B
× <i>Fatsyhedera lizei</i> tree ivy	S
<i>Galanthus nivalis</i> common snowdrop	B
<i>Helleborus species and hybrids</i> hellebore (winter flowering)	H
<i>Lonicera</i> × <i>purpusii Purpus</i> honeysuckle	S
<i>Mahonia species</i> Oregon grape	S
<i>Salix aegyptiaca</i> musk willow	S
<i>Sarcococca confusa</i> sweet box	S
<i>Sarcococca hookeriana</i> sweet box	S
<i>Viburnum tinus</i> laurustinus	S

SPRING

MAR – MAY

<i>Acer campestre</i> field maple	S or T
<i>Acer platanoides</i> Norway maple	T
<i>Acer pseudoplatanus</i> sycamore	T
<i>Acer saccharum</i> sugar maple	T
<i>Aesculus hippocastanum</i> horse chestnut	T
<i>Ajuga reptans</i> Native plant. bugle	H
<i>Arabis alpina</i> subsp. <i>caucasica</i> alpine rock cress	H
<i>Armeria juniperifolia</i> juniper-leaved thrift	H
<i>Aubrieta species</i> aubretia	H
<i>Aurinia saxatilis</i> gold dust	H
<i>Berberis darwinii</i> Darwin's barberry	S
<i>Berberis thunbergii</i> Japanese barberry	S
<i>Bergenia species</i> elephant ear	H
<i>Buxus sempervirens</i> Native plant. common box	S
<i>Caltha palustris</i> Native plant. marsh marigold	H
<i>Cercis siliquastrum</i> Judas tree	T
<i>Chaenomeles species</i> Japanese quince	S

SPRING (cont.)

<i>Cornus mas</i> Cornelian cherry	S
<i>Cotoneaster conspicuus</i> Tibetan cotoneaster	S
<i>Crataegus monogyna</i> Native plant. common hawthorn	S or T
<i>Crocus species</i> crocus (spring flowering)	B
<i>Doronicum x excelsum</i> leopard's bane	H
<i>Enkianthus campanulatus</i> redvein enkianthus	S
<i>Erysimum species</i> wallflower	BI
<i>Erica carnea</i> alpine heath	S
<i>Erica x darleyensis</i> Darley Dale heath	S
<i>Erysimum 'Bredon'</i> wallflower 'Bredon'	H
<i>Euphorbia amygdaloides</i> wood spurge	H
<i>Euphorbia characias</i> Mediterranean spurge	H
<i>Euphorbia cyparissias</i> cypress spurge	H
<i>Euphorbia nicaeensis</i> Nice spurge	H
<i>Euphorbia epithymoides</i> cushion spurge	H
<i>Geranium species</i> cranesbill	H
<i>Geum rivale</i> Native plant. water avens	H
<i>Hebe species</i> hebe	S
<i>Helleborus species & hybrids</i> hellebore (spring flowering)	H
<i>Iberis saxatilis</i> alpine candytuft	H
<i>Iberis sempervirens</i> perennial candytuft	H
<i>Ilex aquifolium</i> Native plant. common holly	T
<i>Lamium maculatum</i> spotted dead nettle	H
<i>Lunaria annua</i> honesty	Bi
<i>Mahonia species</i> Oregon grape (spring flowering)	S
<i>Malus baccata</i> Siberian crab	T
<i>Malus domestica</i> edible apple	T
<i>Malus floribunda</i> Japanese crab	T
<i>Malus hupehensis</i> Hupeh crab	T
<i>Malus sargentii</i> Sargent's crab apple	T
<i>Mespilus germanica</i> common medlar	T
<i>Muscari armeniacum</i> Armenian grape hyacinth	B
<i>Ornithogalum umbellatum</i> common star of Bethlehem	B



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<i>Pieris formosa</i> lily-of-the-valley bush	S
<i>Pieris japonica</i> lily-of-the-valley bush	S
<i>Primula veris</i> common cowslip	H
<i>Primula vulgaris</i> Native plant. primrose	H
<i>Prunus avium</i> Native plant. wild and edible cherries	T
<i>Prunus domestica</i> wild and edible plums	T
<i>Prunus dulcis</i> almond	T
<i>Prunus incisa</i> 'Kojo-no-mai' cherry 'Kojo-no-mai'	S
<i>Prunus insititia</i> damson	T
<i>Prunus laurocerasus</i> cherry laurel	S
<i>Prunus mume</i> Japanese apricot	T
<i>Prunus padus</i> Native plant. bird cherry	T
<i>Prunus pendula f. ascendens</i> 'Rosea' flowering cherry	T
<i>Prunus persica</i> peach	T
<i>Prunus spinosa</i> Native plant. blackthorn	S
<i>Prunus tenella</i> dwarf Russian almond	S
<i>Prunus x yedoensis</i> flowering cherry	T
<i>Pulmonaria species</i> lungwort	H
<i>Pyrus communis</i> pear	T
<i>Ribes nigrum</i> blackcurrant	S
<i>Ribes rubrum</i> common redcurrant	S
<i>Ribes sanguineum</i> flowering currant	S
<i>Salix caprea</i> Native plant. goat willow (male form only)	S or T
<i>Salix hastata</i> 'Wehrhahnii' halberd willow 'Wehrhahnii'	S
<i>Salix lanata</i> Native plant. woolly willow (male form only)	S
<i>Skimmia japonica</i> skimmia	S
<i>Smyrnium olusatrum</i> alexanders	Bi
<i>Stachyurus chinensis</i> stachyurus	S
<i>Stachyurus praecox</i> stachyurus	S
<i>Vaccinium corymbosum</i> blueberry	S

SUMMER JUNE – AUG

<i>Achillea species</i> yarrow	H
<i>Actaea japonica</i> baneberry	H
<i>Aesculus indica</i> Indian horse chestnut moth) (resistant to leaf-mining)	T
<i>Aesculus parviflora</i> bottlebrush buckeye	S
<i>Agastache species</i> giant hyssop	H
<i>Ageratum houstonianum</i> flossflower	A

SUMMER (cont.)

<i>Alcea rosea</i> Hollyhock (single flowered forms)	Bi
<i>Allium species</i> ornamental and edibles when allowed to flower	B
<i>Amberboa moschata</i> sweet sultan	A
<i>Amsonia tabernaemontana</i> eastern bluestar	H
<i>Anchusa azurea</i> large blue alkanet	A
<i>Anchusa capensis</i> Cape alkanet	A
<i>Angelica archangelica</i> angelica	Bi
<i>Angelica gigas purple</i> angelica	Bi
<i>Angelica sylvestris</i> Native plant. wild angelica	Bi
<i>Anthemis tinctoria</i> dyer's chamomile	H
<i>Antirrhinum majus</i> snapdragon	A or H
<i>Aquilegia species</i> columbine	H
<i>Argemone platyceras</i> crested poppy	A or H
<i>Armeria maritima</i> Native plant. thrift	H
<i>Aruncus dioicus</i> goat's beard (male form only)	H
<i>Asparagus officinalis</i> common asparagus	H
<i>Astrantia major</i> greater masterwort	H
<i>Borago officinalis</i> borage	A
<i>Brachyglottis</i> (Dunedin Group) 'Sunshine' brachyglottis 'Sunshine'	S
<i>Brachyglottis monroi</i> Monro's ragwort	S
<i>Buddleja davidii</i> butterfly bush	S
<i>Buddleja globosa</i> orange ball tree	S
<i>Buphthalmum salicifolium</i> yellow ox eye	H
<i>Bupleurum fruticosum</i> shrubby hare's ear	S
<i>Calamintha nepeta</i> lesser calamint	H
<i>Calendula officinalis</i> common marigold (single flowered forms)	A
<i>Callicarpa bodinieri var. giraldii</i> beauty berry	S
<i>Callistephus chinensis</i> China aster (open centred forms)	A
<i>Calluna vulgaris</i> Native plant. heather	S
<i>Campanula carpatica</i> tussock bellflower	H
<i>Campanula glomerata</i> Native plant. clustered bell flower	H
<i>Campanula lactiflora</i> milky bellflower	H
<i>Campanula latifolia</i> giant bellflower	H
<i>Campanula medium</i> Canterbury bells	Bi
<i>Campanula persicifolia</i> peach-leaved bellflower	H
<i>Campsis radicans</i> trumpet honeysuckle	C
<i>Caryopteris x clandonensis</i> caryopteris	S
<i>Catalpa bignonioides</i> Indian bean tree	T

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SUMMER (cont.)

<i>Catananche caerulea</i> blue cupidone	H
<i>Centaurea atropurpurea</i> purple knapweed	H
<i>Centaurea cyanus</i> Native plant. cornflower	A
<i>Centaurea dealbata</i> mealy centauray	H
<i>Centaurea macrocephala</i> giant knapweed	H
<i>Centaurea montana</i> perennial cornflower	H
<i>Centaurea nigra</i> Native plant. common knapweed	H
<i>Centaurea scabiosa</i> Native plant. greater knapweed	H
<i>Centranthus ruber</i> red valerian	H
<i>Centratherum punctatum</i> Manaos beauty	A
<i>Cerinthe major</i> 'Purpurascens' honeywort 'Purpurascens'	A
<i>Cirsium rivulare</i> 'Atropurpureum' purple plume thistle	H
<i>Clarkia unguiculata</i> butterfly flower (single flowered forms)	A
<i>Clematis vitalba</i> Native plant. old man's beard/travellers' joy	C
<i>Cleome hassleriana</i> spider flower	A
<i>Consolida ajacis</i> giant larkspur	A
<i>Convolvulus tricolor</i> dwarf morning glory	C/A
<i>Coreopsis species</i> tickseed	H or A
<i>Cornus alba</i> red-barked dogwood	S
<i>Cosmos bipinnatus</i> cosmea	A
<i>Cosmos sulphureus</i> yellow cosmos	A
<i>Crambe cordifolia</i> greater sea kale	H
<i>Crataegus monogyna</i> Native plant. common hawthorn	S or T
<i>Cucurbita pepo</i> marrow/courgette	A
<i>Cuphea ignea</i> cigar flower	A
<i>Cynara cardunculus</i> including Scolymus Group globe artichoke and cardoon	H
<i>Cynoglossum amabile</i> Chinese forget-me-knot	H
<i>Dahlia species</i> dahlia (open centred flower forms, e.g. 'Amazone', 'Moonfire')	H
<i>Delosperma floribundum</i> ice plant	H
<i>Delphinium elatum</i> candle larkspur	H
<i>Dianthus barbatus</i> sweet william	Bi
<i>Dictamnus albus</i> dittany	H
<i>Digitalis species</i> foxglove	Bi
<i>Dipsacus fullonum</i> Native plant. common teasel	Bi
<i>Echinacea purpurea</i> purple coneflower	H
<i>Echinops species</i> globe thistle	H

SUMMER (cont.)

<i>Echium vulgare</i> Native plant. viper's bugloss	A
<i>Elaeagnus angustifolia</i> oleaster	S
<i>Erica cinerea</i> Native plant. bell heather	S
<i>Erica erigena</i> Irish heath	S
<i>Erica vagans</i> Native plant. Cornish heath	S
<i>Erigeron species</i> fleabane	H
<i>Eriophyllum lanatum</i> golden yarrow	H
<i>Eryngium × tripartitum</i> tripartite eryngo	H
<i>Eryngium alpinum</i> alpine eryngo	H
<i>Eryngium giganteum</i> Miss Willmott's ghost	Bi
<i>Eryngium planum</i> blue eryngo	H
<i>Erysimum × allionii</i> Siberian wallflower	H
<i>Erysimum</i> 'Bowles's Mauve' wallflower 'Bowles's Mauve'	S
<i>Escallonia species</i> escalonia	S
<i>Eschscholzia californica</i> California poppy	A
<i>Eupatorium cannabinum</i> Native plant. hemp agrimony	H
<i>Eupatorium maculatum</i> Joe Pyeye weed	H
<i>Euphorbia cornigera</i> horned spurge	H
<i>Euphorbia sarawschanica</i> Zeravshan spurge	H
<i>Ferula communis</i> giant fennel	H
<i>Foeniculum vulgare</i> common fennel	H
<i>Fragaria × ananassa</i> garden strawberry	H
<i>Fuchsia species</i> fuchsia – hardy types	S
<i>Gaillardia × grandiflora</i> blanket flower	H
<i>Gaura lindheimeri</i> white gaura	H
<i>Geranium pratense</i> Native plant. meadow cranesbill	H
<i>Geranium species</i> cranesbill (summer flowering)	H
<i>Geum species</i> avens (summer flowering)	H
<i>Gilia capitata</i> blue thimble flower	A
<i>Glebionis segetum</i> Native plant. corn marigold	A
<i>Gypsophila elegans</i> annual baby's breath	A
<i>Hebe species</i> hebe	S
<i>Helenium species</i> Helen's flower	H
<i>Helianthus annuus common sunflower</i> (avoid pollen-free cultivars)	A
<i>Helianthus debilis</i> cucumberleaf sunflower	A
<i>Heliopsis helianthoides</i> smooth ox-eye	H
<i>Heliotropium arborescens</i> common heliotrope	A
<i>Heracleum sphondylium</i> Native plant. hogweed	Bi
<i>Hesperis matronalis</i> dame's violet	H

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<i>Hydrangea anomala</i> subsp. <i>petiolaris</i> climbing hydrangea	C
<i>Hydrangea paniculata paniculate hydrangea</i> (Cultivars with many fertile flowers e.g. 'Kyushu', 'Big Ben', 'Floribunda', 'Brussels Lace')	S
<i>Hyssopus officinalis</i> hyssop	S
<i>Iberis amara</i> wild candytuft	A
<i>Ilex aquifolium</i> Native plant. common holly	T
<i>Inula species</i> harvest daisy	H
<i>Jasminum officinale</i> common jasmine	C
<i>Kalmia latifolia</i> mountain laurel	S
<i>Knautia arvensis</i> Native plant. field scabious	H
<i>Knautia macedonica</i> Macedonian scabious	H
<i>Koelreuteria paniculata</i> pride of India	T
<i>Lathyrus latifolius</i> broad-leaved everlasting pea	H
<i>Laurus nobilis</i> bay tree	S
<i>Lavandula angustifolia</i> English lavender	S
<i>Lavandula</i> × <i>intermedia</i> lavandin	S
<i>Lavandula stoechas</i> French lavender	S
<i>Lavatera olbia</i> tree lavatera	S
<i>Lavatera trimestris</i> annual lavatera	A
<i>Leucanthemum</i> × <i>superbum shasta</i> daisy (open-centred flower forms)	H
<i>Leucanthemum vulgare</i> Native plant. ox-eye daisy	H
<i>Liatris spicata</i> button snakewort	H
<i>Ligustrum ovalifolium</i> garden privet	S
<i>Ligustrum sinense</i> Chinese privet	S
<i>Limnanthes douglasii</i> poached egg flower	A
<i>Limonium platyphyllum</i> broad-leaved statice	H
<i>Linaria maroccana</i> annual toadflax	A
<i>Linaria purpurea</i> purple toadflax	H
<i>Lobularia maritima</i> sweet alyssum	A
<i>Lonicera periclymenum</i> Native plant. common honeysuckle	C
<i>Lychnis coronaria</i> rose campion	Bi or H
<i>Lychnis flos-cuculi</i> Native plant. ragged robin	H
<i>Lysimachia vulgaris</i> Native plant. yellow loosestrife	H
<i>Lythrum salicaria</i> Native plant. purple loosestrife	H
<i>Lythrum virgatum</i> wand loosestrife	H
<i>Malope trifida</i> large-flowered mallow wort	A
<i>Malva moschata</i> Native plant. musk mallow	H
<i>Matthiola incana</i> Brompton stock	Bi

SUMMER (cont.)

<i>Mentha aquatica</i> Native plant. water mint	H
<i>Mentha spicata</i> spearmint	H
<i>Monarda didyma</i> bergamot	H
<i>Myosotis species</i> forget-me-not	Bi
<i>Nemophila menziesii</i> baby blue-eyes	A
<i>Nepeta</i> × <i>faassenii</i> garden catmint	H
<i>Nicotiana alata</i> flowering tobacco	A
<i>Nicotiana langsdorffii</i> Langsdorff's tobacco	A
<i>Nigella damascena</i> love-in-a-mist	A
<i>Nigella hispanica</i> Spanish fennel flower	A
<i>Oenothera species</i> evening primrose	Bi
<i>Olearia species</i> daisy bush	S
<i>Onopordum acanthium</i> cotton thistle	Bi
<i>Origanum 'Rosenkuppel'</i> majoram 'Rosenkuppel'	H
<i>Origanum vulgare</i> Native plant. oregano, wild marjoram	H
<i>Paeonia species</i> peony	H
<i>Papaver orientale</i> oriental poppy	H
<i>Papaver rhoeas</i> Native plant. common poppy	A
<i>Parthenocissus tricuspidata</i> Boston ivy	C
<i>Penstemon species</i> beard-tongue	T
<i>Perovskia atriplicifolia</i> Russian sage	S
<i>Persicaria amplexicaulis</i> red bistort	H
<i>Persicaria bistorta</i> Native plant. common bistort	H
<i>Phacelia campanularia</i> Californian bluebell	A
<i>Phacelia tanacetifolia</i> fiddleneck	A
<i>Phaseolus coccineus</i> scarlet runner bean	A
<i>Phlomis species</i> sage	S
<i>Phlox paniculata</i> perennial phlox	H
<i>Photinia davidiana</i> stranvaesia	S
<i>Phuopsis stylosa</i> Caucasian crosswort	H
<i>Pileostegia viburnoides</i> climbing hydrangea	C
<i>Polemonium caeruleum</i> Native plant. Jacob's ladder	H
<i>Potentilla species</i> cinquefoil	H or S
<i>Prostanthera cuneata</i> alpine mint bush	S
<i>Ptelea trifoliata</i> hop tree	S
<i>Pyracantha species</i> firethorn	S
<i>Reseda odorata</i> garden mignonette	A
<i>Ridolfia segetum</i> false fennel	A
<i>Robinia pseudoacacia</i> false acacia	T
<i>Rosa canina</i> Native plant. dog rose	S

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<i>Rosa rubiginosa</i> Native plant. sweet briar	S
<i>Rosa rugosa</i> Japanese rose	S
<i>Rosmarinus officinalis</i> rosemary	S
<i>Rubus fruticosus</i> agg. Native plant. blackberry	S
<i>Rubus idaeus</i> common raspberry	S
Rudbeckia species	
coneflower (open centred flower forms)	H or A
Salvia species sage	A or H
<i>Sanvitalia procumbens</i> creeping zinnia	A
<i>Scabiosa atropurpurea</i> sweet scabious	A
<i>Scabiosa caucasica</i> garden scabious	H
<i>Scabiosa columbaria</i> Native plant. small scabious	H
<i>Sedum spectabile</i> and hybrids ice plant	H
<i>Sedum telephium</i> Native plant. orpine	H
<i>Sidalcea malviflora</i> checkerbloom	H
<i>Solidago species</i> goldenrod	H
<i>Sorbus aria</i> Native plant. common whitebeam	T
<i>Sorbus aucuparia</i> Native plant. mountain ash/rowan	T
<i>Spiraea japonica</i> Japanese spiraea	S
<i>Stachys byzantina</i> lambs' ear	H
<i>Stachys macrantha</i> big-sage	H
<i>Stokesia laevis</i> Stokes' aster	H
<i>Symphoricarpos</i> albus snowberry	S
<i>Tagetes patula</i> French marigold	A
<i>Tamarix ramosissima</i> tamarisk	S
<i>Tanacetum coccineum</i> pyrethrum	H
<i>Tanacetum vulgare</i> Native plant. tansy	H
<i>Telekia speciosa</i> yellow ox eye	H
<i>Tetradium daniellii</i> bee-bee tree	T
<i>Teucrium chamaedrys</i> wall germander	H
<i>Thymus species</i> thyme	S
<i>Tilia × europaea</i> common lime	T
<i>Tilia maximowicziana</i> lime	T
<i>Tilia oliveri</i> lime	T
<i>Tilia platyphyllos</i> Native plant. broad leaved lime	T
<i>Tithonia rotundifolia</i> Mexican sunflower	A
<i>Trachymene coerulea</i> blue lace flower	A
<i>Tropaeolum majus</i> garden nasturtium	A
<i>Verbascum species</i> mullein	Bi
<i>Verbena × hybrida</i> garden verbena	A

SUMMER (cont.)

<i>Verbena bonariensis</i> purple top	H
<i>Verbena rigida</i> slender vervain	A
<i>Veronica longifolia</i> garden speedwell	H
<i>Veronicastrum virginicum</i> Culver's root	H
<i>Viburnum lantana</i> Native plant. common wayfaring tree	S
<i>Viburnum opulus</i> Native plant. guelder rose	S
<i>Vicia faba</i> broad bean	A
<i>Weigela florida</i> weigelia	S
<i>Zauschneria californica</i> Californian fuchsia	S
<i>Zinnia elegans</i> youth and old age	A

AUTUMN

SEPT – OCT

<i>Aconitum carmichaelii</i> Carmichael's monk's hood	H
<i>Actaea simplex</i> simple-stemmed bugbane	H
<i>Anemone hupehensis</i> Chinese anemone	H
<i>Anemone × hybrida</i> Japanese anemone	H
<i>Arbutus unedo</i> strawberry tree	S or T
Aster species and hybrids Michaelmas daisy	H
<i>Campanula poscharskyana</i> trailing bellflower	H
Ceratostigma plumbaginoides	
hardy blue-flowered leadwort	H
Chrysanthemum species & hybrids	
chrysanthemum (open-centred flower forms)	H
<i>Clematis heracleifolia</i> tube clematis	C
<i>Colchicum species</i> autumn crocus	B
<i>Crocus species</i> crocus (autumn-flowering types)	B
Dahlia species & hybrids dahlia	H
<i>Elaeagnus pungens</i> silverthorn	S
<i>Elaeagnus × ebbingei</i> Ebbinge's silverberry	S
<i>Fatsia japonica</i> Japanese aralia	S
<i>Hedera colchica</i> Persian ivy	C
<i>Hedera helix</i> Native plant. common ivy	C
<i>Helianthus × laetiflorus</i> perennial sunflower	H
<i>Leucanthemella serotina</i> autumn ox-eye	H
<i>Machaeranthera tanacetifolia</i> tansy-leaf aster	A
<i>Salvia species</i> sage (autumn flowering types)	H
<i>Tilia henryana</i> Henry's lime (one of the last to flower)	T