

**PLANT LIST**

**'Muscular Dystrophy UK – Forest Bathing Garden'**

**Show Garden designed by Ula Maria – 2024 RHS Chelsea Flower Show (MA327)**

**Trees**

Plant lists are subject to change

Betula pendula

Betula albosinensis 'Fascination'

Alnus glutinosa

Crataegus varieties

**Hedges**

Taxus baccata

**Herbaceous/Shrubs\***

Actaea pachypoda 'Misty Blue'

Anthriscus sylvestris 'Ravenswing'

Aquilegia canadensis

Blechnum spicant

Briza media

Brunnera 'Betty Bowring'

Brunnera macrophylla

Cenolophium dendudatum

Corydalis flexuosa 'China Blue'

Darmera peltata

Digitalis lutea

Dodecatheon media

Dryopteris wallichiana

Epimedium 'Amber Queen'

Fragaria vesca

Geranium sylvatica 'Mayflower'

Geum rivale 'Leonards Variety'

Hesperis matronalis 'Alba'

Iris sibirica 'Perry's Blue'

Iris sibirica 'Dreaming Green'

Lamium orvala

Lilium martagon

Luzula nivea

Melica altissima 'Alba'

Omphaloides cappadochia 'Cherry  
Ingram'

Omphaloides verna (was nitida)

Polystichum setiferum 'Herrenhausen'

Primula japonica 'Postford White'

Rodgersia podophylla

Rosa x paulii

Silene fimbriata

Tellima grandiflora rubra

Thalictrum 'Black Stockings'

Trollius x cultorum 'New Moon'

*\*list is subject to small changes*

**For more plant information please contact: Joy Baker, Baker PR**

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