

## PLANT LIST: mgr Turning Tides Garden

### Plant lists are subject to change

Pinus Sylvestris 'Watererii'  
Crataegus monogyn  
Juniperus squamata Blue Star  
Pinus mugo Mini Mop  
Helichrysum italicum  
Crambe maritima  
Euphorbia rigida  
Euphorbia epithymoides Major  
Beta vulgaris var. maritima  
Limonium vulgare  
Armeria maritima Alba  
Lotus corniculatus  
Sedum spathulifolium Cape Blanco  
Sedum Coca Cola  
Sedum album  
Sedum acre  
Cochlearia officinalis  
Silene maritima  
Plantago coronpsus  
Tragopogon porrifolius  
Foeniculum vulgare  
Leucanthemum vulgare  
Silene vulgaris  
Pastinaca sativa  
Verbascum x chaixii Album  
Briza media

### Storm Resilient Plants

**Crambe maritima:** Extremely long tap roots that send out rootlets which fan out, anchoring the plant against the wind so that it doesn't snap in strong winds. The leaves have a strong central core that support them against the wind, and the waxy surface prevents water loss in drying winds.

**Pinus Sylvestris 'Watererii':** Needle-Like leaves reduce water loss and prevent tearing.

**Crataegus monogyn:** A hardy shrub or small tree with a deep root system and tough foliage, good as a windbreak to slow down winds.

**Foeniculum vulgare:** Tall plant with flexible stems that bend without breaking

**Sedum acre:** Sturdy low growing plants are able to conserve their resources and soak up excessive water from storms.